

## **New Story Schools of Ohio: School Policy for Supporting Students with Diabetes**

### **1. Purpose:**

The purpose of this policy is to ensure that students with diabetes receive appropriate support, accommodations, and care within the school setting in accordance with the Ohio Revised Code Section 3313.7112 and Section 3313.7115, to promote their health, safety, and academic success.

### **2. Individualized Healthcare Plan (IHP):**

Each student with diabetes shall have an Individualized Healthcare Plan (IHP) developed in collaboration with the student's healthcare provider, parents or legal guardians, school nurse, and other relevant school personnel.

The IHP shall outline the student's diabetes management needs, including medication administration, blood glucose monitoring, dietary considerations, physical activity requirements, emergency procedures, and any necessary accommodations or modifications to support the student's health and well-being during school hours and school-sponsored activities.

### **3. Designated Personnel:**

**Trained Designated Personnel:** Designated school personnel shall be appropriately trained in diabetes management, including recognizing and responding to hypoglycemia and hyperglycemia, administering insulin and glucagon, performing blood glucose monitoring, and understanding the student's individualized care plan.

**School Nurse:** The school nurse or other qualified healthcare professional shall oversee the implementation of the student's IHP and provide guidance and support to designated personnel in managing the student's diabetes care.

### **4. Medication Administration:**

**Insulin Administration:** Designated personnel trained in insulin administration or school nurse shall be responsible for administering insulin injections or supervising the student's self-administration of insulin as outlined in the student's IHP and in compliance with Ohio law.

**Glucagon Administration:** Designated personnel or school nurse shall be trained in the administration of glucagon in cases of severe hypoglycemia and shall follow the student's IHP and emergency procedures for its administration.

**Blood Glucose Monitoring:** Designated personnel or school nurse shall assist the student with blood glucose monitoring as needed and document blood glucose levels as directed in the student's IHP.

### **5. Emergency Response for Hypo- or Hyperglycemia:**

- School Nurse or Designated school personnel trained in diabetes management will initiate appropriate emergency procedures.
- This includes administering emergency treatments as outlined in the student's Individualized Healthcare Plan (IHP).

- If needed, emergency medical services will be contacted.

#### **6. Requirement for Medication and Diabetic Supplies:**

Students diagnosed with diabetes are required to always have their prescribed medication and diabetic supplies in the nurse's office at school, pursuant to the School's Medication Policy.

If a student arrives at school without their necessary medication or diabetic supplies, parents or legal guardians shall be contacted immediately to provide the required items before the student is permitted to attend classes.

Students who do not have their medication or diabetic supplies in the nurse's office and cannot obtain them promptly shall not be permitted to attend school until the necessary items are provided. This policy is implemented to ensure the student's safety and well-being while at school.

#### **7. Meal Preparation Guidelines:**

Parents or legal guardians shall be responsible for providing meals and snacks that align with the student's IHP.

Meals and snacks should be balanced and nutritious, incorporating a variety of food groups while adhering to the student's dietary restrictions and carbohydrate goals.

Parents or legal guardians are responsible to fill daily carbohydrate sheet and place in student's lunch. School nurse or designated personnel will complete sheet to communicate diabetic management at school.

#### **8. Emergency Snack Supplies:**

Parents or legal guardians shall provide emergency snack supplies to be kept on hand at school in the nurse's office or a secure location in case of hypoglycemic episodes or unexpected delays in mealtimes.

Emergency snack supplies should include fast-acting carbohydrates such as juice, glucose tablets (Over the Counter Medication) , or granola bars, as well as protein-rich snacks to help stabilize blood glucose levels.

#### **9. Refrigeration and Storage:**

The school shall provide access to refrigeration and storage facilities for perishable items and medications as needed to ensure the safety and efficacy of the student's diabetes management regimen.

#### **10. Communication and Collaboration:**

Parent-School Communication: Ongoing communication between parents or legal guardians, healthcare providers, and school personnel is essential to ensure the effective implementation of the student's IHP and timely response to any changes in the student's health status or diabetes management needs.

Collaboration with Healthcare Providers: The school shall collaborate with the student's healthcare provider (if authorization provided) to update the student's IHP as needed and ensure continuity of care between home and school.

#### **11. Training and Education:**

Training for School Personnel: The school shall provide training for designated personnel involved in the care of students with diabetes, including diabetes management, emergency procedures, and the implementation of the student's IHP.

Student Education: The School nurse will provide students with diabetes, education and support to develop self-management skills, including blood glucose monitoring, insulin administration, carbohydrate counting, and recognizing and responding to hypo- and hyperglycemia.

**12. Confidentiality:**

Confidentiality of Health Information: The school shall maintain the confidentiality of health information related to students with diabetes in accordance with applicable privacy laws and regulations, sharing information only with authorized individuals involved in the student's care and as necessary to ensure the student's safety and well-being.

**13. Review and Revision:**

The school shall review and revise this policy as needed to ensure compliance with Ohio law, best practices in diabetes management, and the evolving needs of students with diabetes within the school community.